

LAKE BRADDOCK CREW SAFETY/SECURITY **PLAN**

All coaches and individual rowers are expected to make themselves familiar with these guidelines and ensure others are familiar with this plan. After reading the document each coach and rower must sign this form prior to participating in the official rowing season.

Throughout the season, members of the Lake Braddock Crew Safety Committee will remind coaches, athletes, parents, and others about the guidelines. They are written for everyone's benefit. Furthermore, Lake Braddock Crew coaches should regularly review with their crews the proper safety procedures and the means to handle emergency situations.

I, _____, have read the Lake Braddock Safety/Security Plan for the 2009 Season and understand the guidelines and my responsibilities as a member of the Lake Braddock Crew Team.

Sign

Date

Printed Name